

Where to
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Experience
The JW Treatment.™



mayaubud • 1 week ago

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Maya Ubud Resort & Spa

This hotel sits in splendid seclusion bordered by the dramatic **Petanu River Valley**. The surrounding rice fields set a tranquil mood for wellness seekers with a variety of luxury accommodation, including private pool villas. The complimentary yoga and meditation classes set in this pristine setting reminds me of the healing powers of Mother Earth. Spend at least a few hours by the riverside and lush vertical rainforest of the valley, while experiencing exotic sensory journeys and rejuvenating treatments at the award-winning spa.

Speciality spas

Just beyond **The Botanic Gardens** is **Ubud Wellness Spa**. The beautiful atmosphere and the finest natural products team up to cleanse you of all your worries. Located in the heart of the city (though you won't believe it once you're inside), **Taksu Spa** is a true sanctuary with such high standards and professionalism, you'll never want to leave. Treat yourself to a full or half day of self-care. You deserve this. Yoga classes are also offered in this ultimately quiet setting. For highly recommended panchakarma treatments and customised multiple day detox programs, meet **Dr Sujatha Kekada** at **Amrtasiddhi Ayurvedic Health Centre**. Continuing to exceed expectations, her reputation as a healer is growing fast.

Where to Eat