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WIN ASH & ELM RESTAURANT VOUCHERS

epicure

life's refinements

INDONESIA

**BEST COVER DESIGN
GOLD AWARD
—ASIAN PUBLISHING
AWARDS 2014**

*Fatty melt
with roasted
tomato and
caramelised
onion soup*

*It's our 6th
birthday!*

**GOURMET
FAST FOOD
COLD BREW
COFFEE
QUIRKY WINES
& SPIRITS**

**HOW TREND-HUNGRY, ECO-CONSCIOUS
AND EASILY BORED MILLENNIALS ARE
DRIVING THE F&B SCENE**

inside
**OUR 36-PAGE
BALI WEDDING &
SPA GUIDE
LUXE RESORTS, RINGS
THAT SPARKLE AND
SUBLIME FEASTS**

RELAX, RECHARGE, RETURN

Every blushing bride needs to visit the Spa at Maya at least twice – once to attain a radiant glow before the wedding and once for blissful recovery after.

Every bride reaches a point where frazzled nerves get the better of her. When that happens, there's nothing quite like an indulgent, relaxing spa treatment for the body to recharge. Merely stepping into the Spa at Maya in Maya Ubud Resort & Spa is a balm for the senses. Guests arrive via elevator to a secluded realm that promises wellness and pampering, then follow the footways through lush foliage to their own personal havens.

Once ensconced in plush daybeds with views of the rainforest on one end and vertical gardens of the valley wall on the other, brides can opt for skin and repair facials which employ rich micro-emulsified gels and age-defying collagen treatment to look their best on their big day. Grooms in need of some time out can enjoy



relaxing baths in the privacy of their own villas or recharge with a Petanu waters reflexology session that is rooted in ancient healing.

After the happy chaos of any wedding, couples can return to seek respite in the curative benefits of natural ingredients, stress-relieving massages, rejuvenating facials, or to simply bask in each other's company in a place where it feels like you're the only two people in the world.

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